



Study for an
MSc Dance Movement
Psychotherapy

The first of its kind

Queen Margaret University

Edinburgh, Scotland, UK

If you are a dancer or simply have a love for dance, a mental health worker, social worker, teacher or work in another related field and you are interested in the profession of Dance Movement Psychotherapy, this is the course for you.

Dance Movement Psychotherapy is a unique form of psychotherapy which uses movement and dance as a means of communication and self development. It is a treatment modality for people who are emotionally distressed, socially isolated, who experience physical or mental illness, and/or physical and cognitive impairment. This MSc will offer successful graduates the licence to practise with a wide range of client groups. The programme combines academic studies with clinical practice placements and dance/movement-based work. It can be studied full-time over 2 years or part-time over 3 years.

If you are not sure whether you want to commit to an MSc training programme but want to find out more about Dance Movement Psychotherapy, you might prefer joining the Introduction to Dance Movement Psychotherapy Short Course.

Introduction courses in arts therapies are useful stepping stones for acquiring sufficient experience and knowledge before applying to Masters Programmes that offer full professional qualification. The Dance Movement Psychotherapy introduction programme is delivered in the form of experiential workshops, group work and seminars. Different approaches to creative movement, dance, other arts therapy models and group work are explored and facilitated by a range of visiting lecturers who are experienced clinicians in the field.

For more information on the M.Sc. in Dance Movement Psychotherapy see:
www.qmu.ac.uk/at/Dance_Movement_Psychotherapy.htm

For more information on the Introduction to Dance Movement Psychotherapy – Short Course see:
www.qmu.ac.uk/at/Introduction_to_Dance_Movement_Psychotherapy.htm

Or contact: Dr Vicky Karkou, Programme Leader: VKarkou@qmu.ac.uk

For application forms contact:
School of Health Sciences

Queen Margaret University
Edinburgh, Scotland, UK
Tel: +44 (0) 131 474 0000
Email: HSAdmin@qmu.ac.uk